



## **Miracle Distribution Center**

**Friday, September 14 – Sunday, September 16, 2018**

### **Friday, September 14**

#### **Dinner 6 p.m.**

Mandarin Orange Salad

Teriyaki Salmon

Brown Rice

Sautéed Spinach with Garlic

Chocolate Brownies



## Miracle Distribution Center

Friday, September 14 – Sunday, September 16, 2018

### Saturday, September 15

#### **Breakfast 8 a.m.**

Hard-Boiled Eggs  
Steel-Cut Oatmeal (GF)  
Cereals  
2%, Almond, and Soy Milk  
Toast, English Muffins, and Jams  
Peanut Butter  
Cottage Cheese  
Plain Yogurt  
Fresh Seasonal Fruit

#### **Lunch 12:30 p.m.**

Greek Salad  
Falafel  
Lentil and Quinoa Salad  
Spiced Carrots  
Hummus  
Tzatziki  
Pita Bread

#### **Dinner 6 p.m.**

Caesar Salad  
Turkey Bolognese  
Roasted Zucchini  
Garlic Bread  
Lemon Bars



## Miracle Distribution Center

Friday, September 14 – Sunday, September 16, 2018

### Sunday, September 16

#### Breakfast 8 a.m.

Scrambled Eggs

Cereals

2%, Almond, and Soy Milk

Toast, English Muffins, and Jams

Peanut Butter

Cottage Cheese

Plain Yogurt

Fresh Seasonal Fruit

#### Lunch 12 noon

Ranch Salad – Romaine, Persian Cucumbers, Tomatoes  
with Lemon Vinaigrette

Turkey-Mushroom Burgers (GF)

Sliced Tomatoes and Avocados

Multigrain Sandwich Thins

Sweet Potato Fries



## **Miracle Distribution Center**

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### **Snacks Served All Day**

Fresh Seasonal Fruit Basket  
Peanut Butter and Crackers (incl. GF)  
Chocolate Chip Cookies